

# LSCI Allenwood – Commissary List

January - March 2025 \$90.00 Weekly Spending Limit

\*\*Prices and availability are subject to change without prior notification. ALL sales are FINAL. LIST MUST BE FILLED OUT COMPLETELY\*\*

Name:	Register Number:	Housing Unit:
<b><u>COPY CARD&amp;TICKETS:</u></b>	<b><u>Health &amp; Beauty continued</u></b>	
___ Photo Tickets (10) 1.00	___ Small Rubber Bands (2) .95	___ Multi Vitamin, no iron (1) 6.00
___ Copier Card (3) 7.50	___ Magic Shave Bald Head (1) 8.15	___ Vitamin B Complex (1) 3.50
	___ Blistex UP Balm (1) 1.80	___ Vitamin C Plus (1) 3.50
<b><u>STAMPS: Limit One book max per visit:</u></b>	___ Handkerchief (5) 1.10	___ Vitamin E Gelcaps (1) 3.65
___ .66 Stamp, Single .66	___ Du-Rag, Gray (1) 2.55	___ Calcium Tablets (1) 2.85
___ .66 Stamp, Book 13.20	___ Cotton Swabs (1) 1.25	___ Hydrocortisone cream 1% (1) 1.75
___ .01 Stamp .01	___ Bandage Strips (1) .90	___ Antibiotic Ointment (1) 2.50
___ .05 Stamp .05	___ Insect Repellent (1) 7.70	___ Pepcid AC, Heartburn Relief (1) 4.95
___ 1.00 Stamp 1.00		___ Kerasal Nail Fungi Remover (1) 21.95
	<b><u>SKIN CARE:</u></b>	___ Acne Foaming Wash (1) 4.25
<b><u>ICE CREAM: Limit 2 total (only 1 per type)</u></b>	___ Vitamin E Cream (1) 1.70	
___ Java Jolt* 3.90	___ Dial Advanced Therapy Lotion (1) 4.80	<b><u>MISCELLANEOUS:</u></b>
___ Vanilla Ice Cream Cookie* 3.40	___ Palmer's Cocoa Butter Lotion (1) 6.35	___ Photo Album (1) 3.90
___ Peanut Butter 3.90	___ Shea Butter Nivea Lotion (1) 6.60	___ White Envelopes (1) 1.95
	___ Fragrance Free Lotion, Generic Cetaphil 5.40	___ Legal Envelope (10) .35
<b><u>DRINKS: Limit 12 total for soda 4 of 6pk for water</u></b>	___ Cocoa Butter Stick (1) 2.50	___ MP3 Warranty Envelope (1) .85
___ Cola, 20 oz bottle* .75	___ Body Powder (1) 1.65	___ Tablet Warranty Envelope (1) 1.95
___ Grape, 20 oz bottle* .75	___ Petroleum Jelly (1) 1.20	___ Notebook (2) 2.20
___ Diet Ginger Ale, 20 oz bottle* .75	___ Sunscreen Lotion SPF30 (1) 4.70	___ Legal Pad (2) 2.25
___ Bottled Water, 6/pk (4)(k)☺ 1.45		___ Clear Wallet Envelopes (2) 1.45
	<b><u>SOAP: Limit 3 total on bar soap</u></b>	___ Address Book (1) 2.05
<b><u>HAIR CARE: Limit 3 total</u></b>	___ Ambi Soap 2.60	___ Plastic Mug (1) 3.20
___ TheraGel Shampoo (1) ** 3.90	___ Next Cocoa Butter Soap 1.15	___ Plastic Bottle, Quart (1) 3.90
___ Dandruff Shampoo (Selenium Sulfide 1%) (1) 5.30	___ Dial Anti-Bacterial w/vitamins Soap 2.00	___ Microwavable Bowl (1) 3.40
___ Pomegranate VO5 Conditioner (1) 2.15	___ VO5 Men's 3N1 (1) 1.45	___ Utensil Set, 3 pc (1) 1.50
___ Pantene Conditioner (1) 6.30	___ Soap Dish (1) .90	___ Pocket Dictionary (1) 3.85
___ Softee Shampoo (1) 5.55	___ Dawn Dish Soap (1) 1.95	___ AAA Battery, 4 pk (2) 2.30
___ Pomegranate VO5 Shampoo (1) 1.90	___ Hand Sanitizer (1) 1.00	___ AA Battery 4 pk (2) 2.30
___ Sulfur 8 Conditioner (1) 4.50		___ Racquetballs (2) 6.00
___ Pink Oil Moisturizer (1) 5.95	<b><u>DEODORANT: Limit 1 total</u></b>	___ Sunglasses (1) 5.20
___ Styling Hair Gel (1) 3.25	___ Suave Sport 1.90	___ Reading Glasses (1) 1.25/1.75/2.25/2.75 5.20
___ Coconut Oil Conditioner (1) 1.65	___ Speed Stick 2.95	___ Combination Lock (1) 8.95
___ Sportin' Waves Gel (1) 3.55	___ Suave Powder 2.15	___ Playing Cards (2) 3.80
___ Murray's Pomade (1) 3.25		___ Pinochle Cards (2) 3.25
___ African Pride Hair Relaxer (1) 10.00	<b><u>OTC MEDICATIONS **</u></b>	___ Shoe Laces, 54" (1) White or Black 1.70
___ Softee Hair Food (1) 1.90	___ Liquid Antacid (1) 3.90	___ Pen, Blue (2) .20
___ Suave Body Wash (1) 2.95	___ Gas-X, generic (1) 3.50	___ Pencils, 4 pk (2) .60
___ Honeysuckle Body Wash (1) 8.25	___ Generic Imodium (2) 2.60	___ Watchband, Velcro (1) 3.25
	___ Milk of Magnesia (1) 3.10	___ Shower Shoes (1) M / LG / XL / 2X / 3X 9.10
<b><u>DENTAL:</u></b>	___ Tums (antacid) 3/pk (3) 2.55	___ Typewriter Ribbon (1)* 8.45
___ Colgate Gel Toothpaste (1) 3.60	___ Lactase Enzyme Tablets (3) 5.95	___ Lift Off Tape (2)* 2.60
___ Colgate Total (1) 5.65	___ Fiber Therapy Powder (1) 10.00	___ Print Wheel (1)* 49.35
___ Sensodyne (1) 1.95	___ Hemorrhoid Ointment (1) 3.75	___ Poncho, Clear (1) 2.60
___ Denture Toothpaste (1) 4.35	___ Hemorrhoid Pads, generic (1) 5.35	___ Toiletries Bag (1) 5.50
___ Fixodent Denture Adhesive (1) 4.40	___ Fiber Tablets (1) 5.85	___ MP3 Cover (new style) 3.60
___ Denture Bath Cup (1) .40	___ Stool Softener (docusate) (1) 1.60	___ Grey Mesh Bag 10.40
___ Dental Flossers (1) 1.40	___ Prilosec, generic (1) 7.95	___ Hangers (10) 0.55
___ Colgate Toothbrush SOFT/MED (1) 1.00	___ Ear Drops (1) 2.60	
___ Toothbrush Holder (1) .55	___ Artificial Tears (1) 2.45	<b><u>FRAGRANCE OILS: Limit 2 total</u></b>
___ Colgate Total Mouthwash (1) 5.00	___ Visine (1) 8.75	___ Frankincense 5.35
	___ Allergy Tablets (chlorpheniramine) (1) 1.50	___ Somali Rose 5.35
<b><u>HEALTH &amp; BEAUTY:</u></b>	___ Loratadine (allergy) Tablets (1) 1.55	___ Obsession 5.35
___ Disposable Razor (1) 2.50	___ Generic Nasacort Spray (1) 17.25	
___ Protection Shave Cream (1) 2.65	___ Saline Nasal Spray (1) 1.75	<b><u>ELECTRONICS:</u></b>
___ Magic Cream Shave Cream (1) 8.80	___ Halls Cough Drops (3) 2.90	___ Sangean Radio (1) 69.80
___ Afta Shave Lotion (1) 3.35	___ Cough Syrup (1) 3.00	___ Headphones, Koss CL-20 (1) 36.40
___ M5 Razor (1) 7.65	___ Medicated Chest Rub (1) 1.75	___ JVC Ear Clip Earbuds (1) 11.95
___ M5 Blades (1) 7.65	___ Tylenol, generic Acetaminophen (1) 2.45	___ Clear Tunes Earbuds (1) 4.90
___ Bump Stopper (1) 4.20	___ Advil, generic Ibuprofen (1) 2.90	___ Watch, Ironman (1) 55.85
___ Comb (1) .65	___ Aleve, generic Naproxen (1) 3.90	___ Alarm Clock (1) 9.35
___ Palm Brush (1) .60	___ Aspirin (1) 1.65	___ Calculator, Casio (1) 16.90
___ Boar Brush (1) 2.90	___ Muscle Rub (1) 2.50	___ Watch Battery, CR2025 (1) 2.60
___ Hair Pick (1) .80	___ Acne 10 Cream (1) 2.95	___ Watch Battery, CR2016 (1) 2.60
___ Acrylic Mirror (1) 3.15	___ Lamisil, generic (terbinafine) (1) 10.75	___ Watch Battery, CR2032 (1) 2.60
___ Toilet Paper (1) 1.90	___ Antifungal Cream (tolnaftate 1%) (1) 1.35	___ Watch Battery, CR1220 (1) 2.60
___ Toenail Clipper (1) 1.15	___ Antifungal Powder (tolnaftate 1%) (1) 3.60	___ Book Light (1) 12.95
___ Fingernail Clipper (1) 0.90	___ Corn Removers (Salicylic Acid 40%) (1) 2.50	___ Score 7 Tablet (1) 131.30
___ Elastic Bands, Blk (1) 1.25		

**CONDIMENTS:**

___ Peanut Butter, Reese's (1) ☺	3.95
___ Nutella (1) (k)	4.90
___ Jalapeno Peppers (10)(k/h)	0.45
___ Sweet & Hot Sauce (1)	3.25
___ Hot Sauce (1)	2.25
___ Jalapeno Sauce (1)	2.00
___ BBQ Sauce (1)	3.20
___ Salt & Pepper (1)(k) ☺	1.85
___ Marinara Sauce (10)	1.00
___ Chili Garlic (2)	2.10
___ Sazon Seasoning, Goya (1)	5.00
___ Ranch Pack (10)	.40
___ Adobo Seasoning, Goya (1)	1.75
___ Mayonnaise (1)(k)	2.75
___ Soy Sauce (1)	1.10
___ Pickles, Kosher Dill (5)(k)☺	1.15
___ Minced Garlic (1)(k)☺	1.55
___ Onion Powder (1)(k)☺	2.80
___ Jalapeno Cheese Spread (1)	2.10
___ Hot Pepper Mix (2)	3.25
___ Honey (Sugar Free)(2)	4.10

**MEAT/CHEESE:**

___ Beef Summer Sausage (10)	2.55
___ Pink Salmon (12) (k) ☺	1.70
___ Tuna, Light (12)(k)☺	1.55
___ Smoked Clams (12) (h)	1.70
___ Chicken White, Back Country (10) ☺	3.15
___ Mozzarella Cheese Block (2)	2.10
___ Turkey Log (10)	2.55
___ Kraft Cheese, Single (10)	.55
___ Hot & Spicy Beef Sausage (10)(h)	2.95
___ Pepperoni (10)	2.55
___ BBQ Beef Bites (5)	2.50
___ Beef Salami Slices (10)	1.30
___ Thai Tuna Steaks (12) (k/h) ☺	2.70
___ Shredded Beef (10)	3.25
___ Mackerel Fillets (12)(k)	1.10
___ Parmesan Cheese (2)	2.25

**MEALS:**

___ Refried Beans (10)(k)	2.55
___ Rice, Brown (10)(k)☺	1.70
___ Quaker Oatmeal (3)(k)	3.90
___ Rice, White (10)(k)☺	1.65
___ Tortilla Shells (3)(k)	1.95
___ Chili w/ Beans (5)	2.20
___ Loaded Mashed Potatoes (5)	2.30

**SHELF STABLE MEALS- Limit 14 total**

___ Stuffed Chicken (k)	10.40
___ Beef Stuffed Cabbage (k)	8.15
___ Chicken with Carrots (k)	9.45
___ Cheese Ravioli (k)	6.30

**SOUP: Limit 24 total**

___ Cheddar Cup Soup (12)	.75
___ R/S Spicy Vegetable Ramen ☺	.45
___ Cajun Chicken Ramen	.45

**CANDY/NUTS:**

___ Jolly Ranchers Sugar Free (5)	3.55
___ Twizzlers (5)(k)	2.55
___ Twix (5) (k)	1.45
___ Snickers W/Almonds (5)	2.30
___ Breathsavers (3)	1.00
___ Reese's Peanut Butter Cup (5)	2.30
___ Ultra Fit Bar – Cookies n Cream (7)☺	1.80
___ Chewy Chocolate Granola Bars (10) (k)	.50
___ Trail Mix (5)(k)	.60
___ Mixed Nuts (5)(k)☺*	3.00
___ Honey Roasted Peanuts (5) (k)*	.90
___ Almonds (5) (k) ☺*	5.80
___ Nuts and Yogurt (5) (k)*	3.00
___ Chocolate Covered Peanuts (5)	1.75

**COOKIES/CRACKERS/CEREAL:**

___ Saltines, Low Salt (1)(k)☺	2.35
___ White Cheddar Cheese Crackers (2) (k)	2.15
___ Graham Crackers (2)(k) ☺	4.65
___ Townhouse Snack Crackers (1) (k)	3.50
___ Iced Oatmeal Cookies (3) (k)	2.50
___ Grandma's Chocolate Chip Cookies (5)	.75
___ Fruity Dino Bites (2) (k)	3.50
___ Raisin Bran (3) (k) ☺	5.75
___ Oats n Honey Granola (1)(k) ☺	2.95
___ Buffalo Chicken Stick (5)	1.40
___ Hot Beef/Jalapeno Cheese Combo (5)	1.60

**PASTRIES:**

___ Birthday Cup Cakes (3) (k)	1.25
___ Strawberry Bear Claw (5) (k)	1.55
___ Honey Bun (5) (k)	1.25
___ Pop Tarts, Cookies & Cream (2)	2.70

**BEVERAGES:**

___ Equal Sweetener (3)(k)☺	2.40
___ Coffee Creamer (2)(k)	1.80
___ Hot Chocolate (3)(k)	2.55
___ Dry Milk (3)(k/h)	5.50
___ Gatorade, Lemon (5)☺	.85
___ French Vanilla Cappuccino (3) (k)	2.05
___ Columbian Coffee (3)(k/h)	4.55
___ Decaffeinated Coffee (3)(k/h)	6.00
___ Maxwell House, Dark Roast (2)(k/h)	4.50
___ Strawberry Punch 6 pk (3) (k)	1.40
___ Lemonade 8 pk (3) (k)	1.50
___ Tea Bags (1) (k)	2.15
___ Vanilla Health Shake (7)	1.55

**CHIPS: Limit 5 Total**

___ Moon Lodge Sour Cream & Onion (k/h)	2.35
___ Doritos Cool Ranch	2.85
___ Moon Lodge buffalo wing (k)	2.35
___ Moon Lodge Ripple Chips (k/h)	2.35

**CLOTHING:**

___ Russell Sweat Shirt (2) S/M/L/XL/2X	18.85
3X/4X	18.85
5X	26.00
6X	23.40
___ Russell Sweat Pants (2) S/M/L/XL/2X	22.10
3X/4X	22.10
5X/6X	29.90
___ Crew Socks /pair (3)	2.15
___ Ankle Socks/pair (3)	4.30
___ Knit Cap (1)*	2.90
___ Wool Glove (1)*	4.90
___ Knit Scarf (1)*	10.40
___ Gray Boxer Briefs (3) S / M / L / XL / 2X	7.00
3X 4X 5X 6X	
___ Athletic Supporters (2) M/L	9.10
___ Athletic Supporters (2) XL	6.50
___ FOL Boxer Briefs (4) 4X / 5X 1/pk	9.75
___ Gray T-Shirt (3) S /M/L/XL/2X/3X/4X	7.15
5X / 6X	7.80
7X	26.00
___ Shorts, (2) S/M/L/XL / 2X	22.10
3X /4X	26.00
5X/ 6X	28.60
___ Baseball Caps (Gray) (1)	12.95
___ Thermal Shirts (1)* XL	10.40
2X / 3X / 4X	13.00
5X	14.30
___ Thermal Pants (1)* XL	10.40
2X / 3X / 4X	13.00
5X	14.30
___ Bath Towel (1)	11.70
___ Wash Cloth (1)*	1.95

**CARDS:**

___ Thinking Of You Card 6pk	3.00
___ Birthday Cards 6pk	1.50
___ Holiday Cards 6pk	1.50

**HOLIDAY ITEMS**

\_\_\_ HOT BEEF-N-CHEESE (5)

**Standardized ITEMS: Limit 1 each**

___ Jumbo Cotton Balls	1.75
___ Personal Razors, 8 pk.	1.45
___ Wet n' Wild Eye Shadow	3.75
___ Wet n' Wild Blush	3.75
___ Classic Ivory Foundation	6.35
___ Soft Beige Foundation	6.35
___ Golden Honey Foundation	6.35
___ Chestnut Foundation	6.35
___ Cream Beige Foundation	6.35
___ Wet n' Wild Clear Lip Gloss	3.05
___ Hair Claw Clips	2.75
___ Hairspray	2.70

**WRITE IN ITEMS****ITEMS EXCLUDED FROM SPENDING LIMITATION**

1. Postage Stamps
2. Nicotine Replacement Therapy Patch
3. Over the Counter Medication
4. Copy Cards

( ) denotes item quantity permitted to be purchased and retained per P.S. 5580.06

(☺) denotes healthy items

(k) denotes kosher items

(h) denotes halal items

(\*) denotes local items only

(\*\*) denotes OTC medications

**Each inmate is afforded the privilege to shop ONCE A WEEK. Inmate must be present in the Commissary when called to shop, or he will forfeit his shopping privileges for the week. NO EXCEPTIONS. See institution lobby current availability.**

**Item purchase limits also reflect the amount.**

**No add on items. Out of stock items will be marked off the Commissary sheet or posted in the Commissary lobby. Adjust your list accordingly BEFORE you submit.**

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**G. SWANEY, COMPLEX WARDEN**

Revised 2/06/2025