

# FCI MEMPHIS COMMISSARY LIST

CHECK UNIT BULLETIN BOARDS AND TRULINCS ELECTRONIC BULLETIN BOARD FOR CHANGES AND CURRENT FLAVORS OF THE QUARTER\* SELECTIONS. NO SUBSTITUTIONS WILL BE MADE ONCE YOUR COMMISSARY LIST IS TURNED IN/NO ADDITIONS WILL BE ALLOWED AT WINDOWS. PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE. ALL SALES ARE FINAL/THERE WILL BE NO REFUNDS AND NO EXCHANGES. ALL ITEMS ARE LIMITED TO 5 ITEMS UNLESS OTHERWISE NOTED. ALL ITEMS COME OFF THE SPENDING LIMIT WITH THE EXCEPTION OF STAMPS, COPY CARDS, AND OVER THE COUNTER MEDICATION. ALL ITEMS ARE DEEMED LOCAL USE ONLY.

UPDATED: FEBRUARY 2025

NAME:

REG.NUMBER:

UNIT:

## COPY CARD/PHOTO TICKETS

## STAMPS (1 BOOK LIMIT)

\* DENOTES REQUIRED STANDARDIZED ITEM

COPY CARD	\$ 6.50
PHOTO TICKET (LIMIT 10)	\$ 1.00
BATTERIES/PENS	
AAA BATTERIES (4PK)	\$ 2.70
2 PK BIC PEN-BLACK	\$ 1.30

BOOK OF FOREVER STAMPS	\$ 14.60
FOREVER STAMPS (SINGLE)	\$ 0.75
\$1.00 STAMPS (SINGLE)	\$ 1.00
\$0.24 STAMPS (SINGLE)	\$ 0.24
\$0.01 STAMPS (SINGLE)	\$ 0.01
\$0.02 STAMPS (SINGLE)	\$ 0.02

## ELECTRONICS/FRAGRANCE & PRAYER OILS/WATCH BATTERIES/READING GLASSES

PRAYER OIL (7060)	\$ 7.50	CLEAR EARBUDS	\$ 6.55	SCORE 7T TABLET	\$ 131.30		
FRAGRANCE OIL (7061)	\$ 7.50	SKULL CANDY EAR BUDS	\$ 18.20	SANGEAN DIGITAL RADIO (USES 1 AAA BATT)	\$ 58.50		
ALARM CLOCK	\$ 9.35	CASIO WATCH *21	\$ 31.20	MIGHTY BRIGHT LED BOOK LIGHT (USES 3 AAA BATT)	\$ 9.05		
BUBBLE MAILER (MP3 Player)	\$ 0.85	READING GLASSES	\$ 3.90	2016 WATCH BATTERY (G-SHOCK & MARATHON)	\$ 2.60		
BUBBLE MAILER (SCORE 7C/7T)	\$ 0.85	PLEASE SELECT STRENGTH			2025 WATCH BATTERY (IRONMAN)	\$ 3.90	
SUNGLASSES (Rec Yard Only Wear)	\$ 5.40	1.25	1.50/1.75	2.00	2.25	CR 1220 WATCH BATTERY (G-SHOCK)	\$ 3.90
COMBINATION LOCK	\$ 10.65	2.5	2.75	3.00	3.75		

## OVER THE COUNTER MEDICATION & MISCELLANEOUS (AVAILABLE FOR UDC/DHO RESTRICTION)

MEDICATION			USES			MEDICATION			USES																	
IBUPROFEN			PAIN/FEVER RELIEF			\$ 3.00			ACNE TREATMENT CREAM			SKIN BLEMISHES			\$ 3.00			NASAL SPRAY			ALLERGIES			\$ 1.80		
ASPIRIN 325 MG			PAIN/FEVER RELIEF			\$ 2.00			DR SCHOLL'S GEL INSOLE (SPK)			FOOT CARE			\$ 19.50			LORATADINE ALLERGY TABLETS			ALLERGIES			\$ 3.00		
ACETAMINOPHEN 325 MG			PAIN/FEVER RELIEF			\$ 2.50			FOOT POWDER			FOOT CARE			\$ 1.55			CHLORPHENIRAMINE ALLERGY TABLETS			ALLERGIES			\$ 1.50		
VITAMIN C 500 MG			ESSENTIAL VITAMINS			\$ 3.50			COAL TAR SHAMPOO			DANDRUFF			\$ 3.90			CLOTRIMAZOLE ANTI-FUNGAL CREAM			FOOT CARE			\$ 1.75		
MULTIVITAMIN			ESSENTIAL VITAMINS			\$ 4.85			ORAL PAIN GEL			TOOTH ACHIE			\$ 1.95			LAMISIL (TERBINAFININE HYDROCHLORIDE)			FOOT CARE			\$ 11.50		
COUGH DROP			SORE THROAT			\$ 1.50			HEMORRHOID OINTMENT			HEMORRHOIDS			\$ 3.65			TRIPLE ANTIBIOTIC OINTMENT CREAM			MINOR CUTS/SCRAPES			\$ 2.50		
CHEST RUB			COUGH			\$ 2.20			MUSCLE RUB			SORE MUSCLES			\$ 2.30			HYDROCORTISONE CREAM			SKIN RASH/ITCHING			\$ 1.75		
COUGH SYRUP			COUGH			\$ 2.80			TUMS			ACID REDUCER			\$ 2.80			PINK BISMUTH STOMACH RELIEF			UPSET STOMACH			\$ 3.50		
ARTIFICIAL TEARS			DRY EYES			\$ 2.50			EAR WAX REMOVAL DROPS			EAR WAX REMOVAL			\$ 2.50			OMEPRAZOLE			HEART BURN			\$ 8.95		
FIBER PILLS LAXATIVE			STOMACH			\$ 5.00			STOOL SOFTNER (DOCUSATE)			STOOL SOFTNER			\$ 1.75			FAMOTIDINE			HEART BURN			\$ 4.95		

## SODA/WATER

DIET	\$ 8.60
CLEAR SODA	\$ 8.60
DARK SODA	\$ 8.60
SODA OF THE QUARTER	\$ 8.60
BOTTLE WATER (LIMIT 24)	\$ 0.50

## CRACKERS

CHEEZ IT	\$ 2.40
SNACK CRACKERS	\$ 3.15
SALTINE CRACKERS	\$ 2.45
UNSALTED CRACKERS	\$ 3.15

## COFFEE/DRINKS

CAFÉ BUSTELO	\$ 4.10
KEEFE COFFEE (YELLOW BAG)	\$ 5.20
COFFEE OF QTR	\$ 12.30
COFFEE CREAMER	\$ 1.75
DRINK OF QTR	\$ 2.40
SWEETNER	\$ 2.40
POWDER MILK	\$ 5.20
SUGAR FREE DRINK MIX	\$ 5.10
GATORADE	\$ 2.10

## COOKING ITEMS

MINUTE WHITE RICE	\$ 1.65
BROWN RICE	\$ 1.30
NACHO RICE	\$ 2.35
REFRIED BEANS W/ JALAPENOS	\$ 2.15
TURKEY & SWISS CHEESE COMBO	\$ 1.60
BEEF SUMMER SAUSAGE	\$ 2.55
SPICY BEEF SAUSAGE	\$ 2.55
TURKEY SAUSAGE	\$ 2.55
MEAT OF QTR	\$ 2.55
WRAP OF QUARTER	\$ 3.45
CHI CHI'S FLOUR TORTILLA	\$ 3.45
DILL PICKLE	\$ 1.30

## CHEESE

CREAM CHEESE PACK	\$ 0.50
CHEESE BLOCK	\$ 3.80
CHEESE CUP OF QTR	\$ 2.10

## SEASONING

VEGETABLE FLAKES	\$ 1.65
MRS. DASH SEASONING	\$ 5.05
MINCED ONIONS	\$ 1.30
GARLIC	\$ 1.40
SALT AND PEPPER	\$ 1.70
LEMON JUICE	\$ 1.15
GOYA SAZON SEASONING	\$ 2.50

## CONDIMENTS

CONDIMENT OF QUARTER	\$ 3.45
HONEY	\$ 3.95
JALAPENO SLICES	\$ 1.75
CONDIMENT OF QUARTER	\$ 3.45
MILD PEPPER MIX	\$ 3.20
HOT SAUCE	\$ 1.10
BBQ SAUCE	\$ 3.60
MAYONNAISE	\$ 4.95
KEEFE PEANUT BUTTER CHUNKY	\$ 2.90
KEEFE PEANUT BUTTER CREAMY	\$ 2.90
SMUCKERS JAM (LIMIT 1)	\$ 4.30
HIDDEN VALLEY RANCH	\$ 0.55
OLIVES	\$ 1.00

## MEAT / FISH

CHILI WITH BEANS	\$ 2.65
FRESH CATCH SMOKED CLAMS	\$ 1.90
POUCH OF QTR	\$ 5.15
TURKEY CHILLI	\$ 3.35
MACKEREL	\$ 1.30
TUNA	\$ 2.00
CHICKEN POUCH	\$ 6.00
CHICKEN ALFREDO	\$ 6.85
VIENNA SAUSAGE POUCH	\$ 2.20
FRESH CATCH SALMON FLAKES	\$ 3.80
SHREDDED BEEF	\$ 5.15

## CANDY

SINGLE CANDY BAR	\$ 1.70
SINGLE CANDY BAR	\$ 1.70
CANDY OF QTR	\$ 1.60

## LITTLE DEBBIES

FLAVOR OF QUARTER	\$ 2.60
FLAVOR OF QUARTER	\$ 2.60
FLAVOR OF QUARTER	\$ 2.60

## COOKIES & PASTRIES

JUMBO HONEY BUNS	\$ 1.75
GRANDMA'S COOKIES	\$ 0.85
COOKIES	\$ 1.15
VANILLA WAFER	\$ 2.80

## BREAKFAST

CEREAL OF THE QUARTER	\$ 5.10
CEREAL OF THE QUARTER	\$ 5.10
ROLLED OATS	\$ 2.95
FRESH START BAG GRANOLA	\$ 4.25

## SNACKS

HEALTH BAR	\$ 2.00
GRANOLA BARS	\$ 0.40
PUDDING CUP	\$ 2.55
SNACK MIX of QTR	\$ 3.85
SNACK MIX OF QTR	\$ 3.85
INSTANT MASHED POTATOES	\$ 2.35

## DENTAL PRODUCT

LUCKY MOUTHWASH	\$ 1.45
COLGATE TOTAL MOUTHWASH	\$ 5.35
ULTRABRITE TOOTHPASTE	\$ 1.70
COLGATE TOOTHPASTE	\$ 7.20
SENSODYNE TOOTHPASTE	\$ 4.50
FIXODENT DENTURE ADHESIVE	\$ 5.20
TOOTHBRUSH HOLDER	\$ 0.55
DENTAL FLOSS PICKS	\$ 1.30
COLGATE TOOTHBRUSH (SOFT)	\$ 1.05

## DISHWARE

BOWL WITH LID (MEDIUM)	\$ 4.55
COFFEE MUG 22 OZ	\$ 2.15
3-PIECE CUTLERY SET	\$ 1.70
SQUEEZE WATER BOTTLE	\$ 3.90

## SHAVING ITEMS

## SHOE CARE ITEMS

## CHIPS/COOKIES

AFTA SHAVE LOTION	\$ 4.10
RAZORS 10PK *	\$ 2.25
LIQUID BUMP STOPPER	\$ 4.35
SHAVE CREAM PRO	\$ 2.70
MAGIC SHAVE GOLD	\$ 4.90
CALIBER RAZOR *	\$ 7.50
CALIBER RAZOR REFILL *	\$ 8.45

## SOAP

AMBI SOAP	\$ 3.10
DIAL	\$ 2.50
DOVE SOAP	\$ 1.85
IRISH SPRING (3PK)	\$ 4.20
SOAP DISH CONTAINER	\$ 0.80
St. IVES APRICOT SCRUB	\$ 5.50

## DEODORANTS \*

DOVE ROLL-ON	\$ 1.50
DEGREE * or DOVE SOLID *	\$ 3.65

## LOTIONS & POWDER

LOTION *	\$ 5.85
FACE LOTION *	\$ 8.80
PALMER'S COCOA BUTTER LOTION *	\$ 5.40
BATH POWDER	\$ 2.50
SUNSCREEN	\$ 7.15

## HAIR CARE & ACCESSORIES

HAIR TIES *	\$ 2.95
HAIR GREASE	\$ 1.90
PETROLEUM JELLY	\$ 1.55
SHOWER CAP	\$ 0.15
STYLING CLEAR or AMPRO GEL	\$ 1.45
LOC TWIST & BRAID BUTTER	\$ 4.40
VENT BRUSH	\$ 1.05
AFRO COMB	\$ 0.60
WAVE BRUSH	\$ 2.90
SHOWER BAG (CLEAR)	\$ 3.65
RUBBER BANDS SMALL *	\$ 1.00
DURAG	\$ 2.95

## SHAMPOO & CONDITIONER

SELENIUM SULFIDE (DANDRUFF) *	\$ 6.00
3 N 1 BODY WASH *	\$ 8.75
MANGO&LIME SHAMP or COND (CIRCLE 1) *	\$ 13.00
HEAD & SHOULDER SHAMPOO *	\$ 5.80
2 N 1 SHAMP & COND *	\$ 8.05
MOTION'S COND or SHAMPOO *	\$ 7.80
BODYWASH *	\$ 4.35
HAIR SPRAY *	\$ 2.50

## PERSONAL CARE ITEMS

BAND-AIDS	\$ 1.25
LIP BALM	\$ 1.15
COTTON SWABS *	\$ 1.25
TWEEZERS	\$ 0.65
TOENAIL CLIPPERS	\$ 1.30
LOCKER MIRROR	\$ 3.25
PALMOLIVE DISH SOAP	\$ 1.05

## STATIONERY ITEMS

ADDRESS BOOK	\$ 1.55
CORRECTION RIBBON	\$ 2.40
ENVELOPES	\$ 3.25
LEGAL BOXES (MEMO REQUIRED)	
LEGAL ENVELOPES (LIMIT 10)	\$ 0.35
PHOTO ALBUMS	\$ 16.25
PHOTO ALBUMS REFILL	\$ 4.55
PLAYING CARDS	\$ 3.90
TYPEWRITER RIBBON (1045)	\$ 7.45
PAD OF PAPER	\$ 2.45
WIRELESS NOTEBOOK	\$ 2.35
SHORT COLORED PENCILS	\$ 3.70
ADULT COLORING BOOK	\$ 1.05
CROSSWORD PUZZLES	\$ 1.05

## GREETING CARDS

PLEASE MARK YOUR SELECTIONS BELOW	\$ 0.60
I LOVE YOU/VALENTINES DAY	MOTHERS DAY
HOLIDAY CARD	FATHERS DAY
BIRTHDAY CARDS	THINKING OF YOU
GET WELL SOON	SYMPATHY
(PLEASE CIRCLE LANGUAGE) ENGLISH	SPANISH

SHOE LACES (WHITE)	\$ 1.15
SHOE LACES (BLACK)	\$ 1.95
FOOT FRESHENER INSOLE	\$ 6.90

## ADDITIONAL OVER THE COUNTER & MISC

WITCH HAZEL MEDICATED PADS	\$ 4.75
ANTI DIARRHEAL	\$ 2.60
MILK OF MAGNESIA	\$ 3.75
NASAL STRIPS	\$ 8.75
HAIR PICK *	\$ 0.35

## SHOWER ITEMS

### SHOWER SLIDES \*R- CIRCLE SIZE

(LG)	(XL)	(2X)	\$ 1.25
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## EVA SANDALS

(LG)	(XL)	(2X)	\$ 4.95
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## PERSONAL CLOTHING

### UNDERWEAR \*

(SM)	(M)	(LG)	(XL)	(2X)	\$ 5.80
		(3XL)	(4XL)		\$ 7.50
		(5X)	*(7X)		SPO

## THERMAL TOPS

	(M)	(LG)	(XL)		\$ 8.50
	(2X)	(3X)	(4X)	(5X) * (6X)	\$ 9.40

## THERMAL BOTTOMS

(M)	(LG)	(XL)	(2X)	(3X)	(4X)	(5X)	*(6X)	\$ 9.40
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## DRY TECH GYM SHORTS

(S)	(M)	(LG)	(XL)	(2X)	\$ 23.40
(3X)	(4X)	(5X)	* (6X)		\$ 22.10
		* (7X)			\$ 19.50

## JERSEY COTTON GYM SHORTS

(LG)	(XL)	(2X)	(3X)	(4X)	\$ 19.50
		(5X)	*(6X)		\$ 15.60

## T-SHIRT

(M)	(LG)	(XL)	(2X)	(3X)	(4X)	\$ 7.15
			(5X)	*(6X)		\$ 9.10

## LONG SLEEVE GREY T-SHIRT

(LG)	(XL)	(2X)	(3X)	(4X)	\$ 11.70
			(5X)	*(6X)	\$ 11.70

## TANK TOPS

(SM)	(M)	(LG)	(XL)	\$ 4.55
		(2X)	(3X)	\$ 5.45
		(4X)	(5X)	\$ 7.00

## SWEATSHIRTS

	(SM)	(M)	(LG)	\$ 18.85
		(XL)		\$ 18.85
		(2X)		\$ 18.85
		(3X)		\$ 18.85
		(4X)		\$ 22.70
		(5X)		\$ 23.10

## SWEATPANTS W/POCKETS

(SM)	(M)	(LG)	\$ 22.10
(XL)	(2X)		\$ 22.10
(3X)	(4X)		\$ 22.10
	(5X)		\$ 22.10

\*(6X) \*(7/8X) \*SPO required

## RECREATION ACCESSORIES

BALL CAP - FLEX FIT (S/M) (LG/XL)	\$ 11.80
KNEE OR ELBOW SUPPORT (SPO)	SPO
MESH BAG	\$ 8.95
HANDBALLS	\$ 7.15
BATH TOWEL	\$ 10.95
WASH CLOTH	\$ 0.90
HEAVY DUTY RAIN PONCHO SIZE: LRG,XLRG,2XL,3XL	\$ 20.50
HANDBALL GLOVES	\$ 16.90
LARGE X-LARGE 2X-LARGE	
LOCKER BUDDY ORGANIZER	\$ 14.00

## GLOVES/STOCKS

WOOL KNT GLOVES (LIMIT 1)	\$ 7.60
CREW SOCKS *	\$ 2.15
ANKLE SOCKS *	\$ 2.15
NO-SHOW SOCKS *	\$ 1.95
BEANIE SKULL CAP	

CHIP OF THE QTR	\$ 2.15
PORK SKINS	\$ 1.45
PLAIN CHIP OF QTR	\$ 2.30
DORITOS	\$ 2.90
PRETZEL BITES	\$ 0.65

## WHILE SUPPLIES LAST WRITE IN

## SOUPS (LIMIT 24 TOTAL)

RAMEN/SOUP OF QTR	\$ 0.95
RAMEN NOODLES	\$ 0.50
LOW SODIUM RAMEN	\$ 0.50
CUP SOUP	\$ 0.90
CUP SOUP	\$ 0.90

## RELIGIOUS ITEMS

BANDANA (AZTEC)	\$ 1.50
RASTAFARIAN CROWN	\$ 9.50
KUFI (WHITE)	\$ 4.00
KUFI (BLACK)	\$ 4.00
YARMULKE (WHITE) SPO	SPO
YARMULKE (BLACK) SPO	SPO

## FOOTWEAR (1 EACH EVERY 3 MOS)

### SHOES/BOOTS \*

RUNNING SHOE	SIZE:	\$ 74.95
UNDER ARMOUR	SIZE: WIDE (CIRCLE)	\$ 64.95
BASKETBALL SHOE	SIZE:	\$ 79.90
WORK BOOT (SPO)	SIZE:	SPO

SIZES BELOW 7 & ABOVE 15 AND EXTRA WIDE  
SHOES REQUIRE SPO. PLEASE SEE COMMISSARY  
STAFF AT WINDOW #2 IN COMMISSARY

## ICE CREAM

FLAVOR OF THE QTR. *D	\$ 3.25
FLAVOR OF THE QTR. *D	\$ 3.25

## COMMISSARY ITEMS AVAILABLE - SPO

BLUSH*	LIP GLOSS*	SPORTS BRA*	EYE SHADOW*
COTTON BALLS *	FOUNDATION*	FOAM HAIR ROLLER*	

\* DENOTES REQUIRED STANDARDIZED ITEM



C. HARRISON, WARDEN

# SPC COMMISSARY LIST

CHECK UNIT BULLETIN BOARDS AND TRULINCS ELECTRONIC BULLETIN BOARD FOR CHANGES AND CURRENT "FLAVORS OF THE QUARTER" SELECTIONS.

NO SUBSTITUTIONS WILL BE MADE ONCE YOUR COMMISSARY LIST IS TURNED IN/NO ADDITIONS WILL BE ALLOWED AT WINDOWS

PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE

SOME ITEMS PURCHASED IN THIS COMMISSARY MAY NOT BE ABLE TO BE TRANSFERRED TO OTHER INSTITUTIONS

UPDATED: FEBRAURY 2025

NAME:

REG.NUMBER:

UNIT:

## COPY CARD/PHOTO TICKETS

## STAMPS (1 BOOK LIMIT)

COPY CARD	\$ 6.50	BOOK OF FOREVER STAMPS	\$ 9.80	* - DENOTES REQUIRED STANDARIZED ITEM
PHOTO TICKET (LIMIT 10)	\$ 1.00	STAMP (SINGLE)	\$ 0.66	
BATTERIES/PENS		\$1.00 STAMPS (SINGLE)	\$ 1.00	
AAA BATTERIES (4PK)	\$ 2.80	\$0.64 STAMPS (SINGLE)	\$ 0.64	
AA BATTERIES (4PK)	\$ 3.25	\$0.01 STAMPS (SINGLE)	\$ 0.01	
2 PK BIC PEN-BLACK	\$ 1.10	\$0.02 STAMPS (SINGLE)	\$ 0.02	

## ELECTRONICS/FRAGRANCE & PRAYER OILS/WATCH BATTERIES/READING GLASSES

PRAYER OIL (7060)	\$ 5.00	SKULL CANDY EAR BUDS	\$ 10.40	SCORE 7T	\$ 131.30
FRAGRANCE OIL (7061)	\$ 6.50	WATCH	\$ 22.50	DIGITAL RADIO (USES 1 AAA BATT)	\$ 58.50
ALARM CLOCK	\$ 9.35			LED BOOK LIGHT (USES 3 AAA BATT)	\$ 9.05
BUBBLE MAILER (MP3 Player)	\$ 0.85	READING GLASSES	\$ 4.55	2025 WATCH BATTERY (IRONMAN)	\$ 3.90
BUBBLE MAILER (SCORE 7C/7T)	\$ 0.65	PLEASE SELECT STRENGTH			
COMBINATION LOCK	\$ 7.65	1.25 1.50/1.75 2.00	2.25		
		2.5 2.75 3.00	3.75		

## OVER THE COUNTER MEDICATION & MISCELLANEOUS (AVAILABLE FOR UDC/DHO RESTRICTION)

MEDICATION	USES	MEDICATION	USES	MEDICATION	USES
IBUPROFEN	PAIN/FEVER RELIEF	ACNE TREATMENT CREAM	SKIN BLEMISHES	NASAL SPRAY	ALLERGIES
ASPIRIN 325 MG	PAIN/FEVER RELIEF	DR SCHOLL'S GEL INSOLE (15PO)	FOOT CARE	LORATADINE ALLERGY TABLETS	ALLERGIES
ACETAMINOPHEN 325 MG	PAIN/FEVER RELIEF	FOOT POWDER	FOOT CARE	CHLORPHENIRAMINE ALLERGY TABLETS	ALLERGIES
VITAMIN C 500 MG	ESSENTIAL VITAMINS	COAL TAR SHAMPOO	DANDRUFF	CLOTRIMAZOLE ANTI-FUNGAL CREAM	FOOT CARE
MULTIVITAMIN	ESSENTIAL VITAMINS	ORAL PAIN GEL	TOOTH ACHE	LAMISIL (TERBINAFINE HYFROCHORIDE)	FOOT CARE
COUGH DROP	SORE THROAT	HEMORRHOID OINTMENT	HEMORRHOIDS	TRIPLE ANTIBIOTIC OINTMENT CREAM	MINOR CUTS/SCRAPES
CHEST RUB	COUGH	MUSCLE RUB	SORE MUSCLES	HYDROCORTISNE CREAM	SKIN RASH ITCHING
COUGH SYRUP	SOUGH	TUMS	ACID REDUCER	PINK BISMUTH STOMACH RELIEF	UPSET STOMACH
NASACORT	ALLERIES	EAR WAX REMOVAL DROPS	EAR WAX REMOVAL	OMEPRAZOLE	HEART BURN
FIBER PILLS LAXATIVE	STOMACH	STOOL SOFTNER (DOCUSATE)	STOOL SOFTNER	FAMOTIDINE	HEART BURN

## SODAS/WATER/JUICE

DARK	\$ 7.90
CLEAR	\$ 7.90
SODA OF THE QUARTER	\$ 7.90
JUICE	\$ 1.45

## CRACKERS

SNACK CRACKERS	\$ 3.25
SALTINE CRACKERS	\$ 2.35

## COFFEE/DRINKS

COFFEE	\$ 5.20
TASTER'S CHOICE	\$ 12.30
COFFEE CREAMER	\$ 1.70
HOT COCOA MIX	\$ 2.35
SWEETNER	\$ 2.20
POWDER MILK	\$ 5.20
SUGAR FREE DRINK MIX	\$ 1.30
SUGAR FREE DRINK MIX <u>GATORADE</u>	\$ 2.10

## COOKING ITEMS

MINUTE WHITE RICE	\$ 1.65
NACHO RICE	\$ 2.30
REFRIED BEANS W/ JALAPENOS	\$ 2.50
BEEF SAUSAGE	\$ 2.55
TURKEY SAUSAGE	\$ 2.55
CHI CHI'S FLOUR TORTILLA	\$ 3.65
DILL PICKLE	\$ 1.30

## CHEESE

CREAM CHEESE PACKS	\$ 0.60
CHEESE CUP	\$ 2.10

## SEASONING

MRS. DASH SEASONING	\$ 4.20
GARLIC	\$ 1.30
SALT AND PEPPER	\$ 1.70
LEMON JUICE	\$ 0.95
GOYA SAZON SEASONING	\$ 2.45

## CONDIMENTS

SWEET & SPICY SAUCE	\$ 2.55
HONEY	\$ 4.40
JALAPENO SLICES	\$ 1.85
SALSA	\$ 2.40
HOT SAUCE	\$ 1.10
BBQ SAUCE	\$ 2.80
MAYONNAISE	\$ 5.20
PEANUT BUTTER	\$ 3.95
JAM	\$ 3.40
HIDDEN VALLEY RANCH	\$ 0.55
MUSTARD	\$ 1.95

## POUCH MEATS / FISH

GROUND BEEF	\$ 3.80
CHILLI	\$ 3.35
MACKEREL	\$ 1.15
TUNA	\$ 1.90
CHICKEN POUCH	\$ 4.55
BEEF STEW	\$ 3.05
MASHED POTATOES	\$ 2.35

## LITTLE DEBBIES

OATMEAL CREAM PIES	\$ 2.60
CAKE OF THE QTR	\$ 2.60

## COOKIES & PASTRIES

JUMBO HONEY BUNS	\$ 1.70
GRANDMA'S COOKIES	\$ 0.70
BIG PACK OF COOKIES	\$ 1.70

## BREAKFAST

CEREAL OF THE QUARTER	\$ 5.10
VARIETY OATMEAL	\$ 3.40
BAG GRANOLA	\$ 4.25
TOAST EM PASTRIES	\$ 3.40

## SNACKS

HEALTH BAR	\$ 1.80
GRANOLA BARS	\$ 0.85
NUT MIX	\$ 1.10
HEALTH SHAKE	\$ 1.40

## DENTAL PRODUCT

MOUTHWASH	\$ 1.45
TOOTHPASTE	\$ 6.85
SENSODYNE TOOTHPASTE	\$ 11.70
TOOTHBRUSH HOLDER	\$ 0.55
DENTAL FLOSS PICKS	\$ 1.40
TOOTHBRUSH (SOFT)	\$ 1.05

## DISHWARE

BOWL WITH LID (MEDIUM)	\$ 1.40
COFFEE MUG 22 OZ	\$ 2.15
3-PIECE CUTLERY SET	\$ 1.45
SQUEEZE WATER BOTTLE	\$ 3.90

## CANDY

SINGLE CANDY BAR	
SINGLE CANDY BAR	
CANDY OF QTR	

## SHAVING ITEMS

___ AFTA SHAVE LOTION *	\$ 3.25
___ RAZORS 10PK *	\$ 2.05
___ LIQUID BUMP STOPPER	\$ 4.30
___ SHAVE CREAM PRO	\$ 2.25
___ CALIBER RAZOR *	\$ 7.80
___ CALIBER RAZOR REFILL *	\$ 8.45

## SOAP

___ AMBI SOAP	\$ 2.45
___ SOAP	\$ 2.25
___ SOAP DISH CONTAINER	\$ 1.00
___ FACE SCRUB	\$ 5.50

## DEODORANTS

___ DIAL ROLL-ON *	\$ 2.50
___ DEGREE *	\$ 3.25

## LOTIONS & POWDER

___ LOTION *	\$ 6.15
___ BATH & SHOWER POWDER	\$ 2.00
___ COCOA BUTTER LOTION *	\$ 5.40

## HAIR CARE & ACCESSORIES

___ HAIR TIES *	\$ 2.95
___ HAIR GREASE	\$ 1.90
___ PETROLEUM JELLY	\$ 1.55
___ SHOWER CAP	\$ 0.20
___ STYLING GEL	\$ 1.45
___ VENT BRUSH	\$ 1.05
___ WAVE BRUSH	\$ 6.55
___ RUBBER BANDS SMALL*	\$ 2.95

## SHAMPOO & CONDITIONER

___ SELENIUM SULFIDE (DANDRUFF) *	\$ 5.75
___ 3 N 1 BODY WASH *	\$ 2.10
___ 2 N 1 SHAMP & COND *	\$ 4.30

## PERSONAL CARE ITEMS

___ BAND-AIDS	\$ 1.25
___ LIP BALM	\$ 1.15
___ COTTON SWABS*	\$ 1.25
___ TWEEZERS	\$ 0.65
___ TOENAIL CLIPPERS	\$ 1.30
___ SAFETY SCISSORS	\$ 3.05
___ LOCKER MIRROR	\$ 3.25
___ DISH SOAP	\$ 2.80

## STATIONERY ITEMS

___ CORRECTION RIBBON	\$ 2.40
___ ENVELOPES	\$ 1.55
___ LEGAL BOXES (MEMO REQUIRED)	
___ LEGAL ENVELOPES (LIMIT 10)	\$ 0.35
___ PHOTO ALBUMS LRG	\$ 13.90
___ PHOTO ALBUMS REFILL	\$ 4.55
___ PLAYING CARDS	\$ 3.25
___ TYPEWRITER RIBBON (1045)	\$ 9.70
___ WIRELESS NOTEBOOK	\$ 2.35

## GREETING CARDS

___ PLEASE MARK YOUR SELECTIONS BELOW	\$ 0.60
___ HOLIDAY CARD	MOTHERS DAY
___ BIRTHDAY CARDS	FATHERS DAY
___ THINKING OF YOU	

## SHOE CARE ITEMS

___ SHOE LACES (WHITE)	\$ 1.15
___ SHOE LACES (BLACK)	\$ 1.95

## SHOWER ITEMS

___ SHOWER SLIDES - CIRCLE SIZE	
___ (LG) (XL) (2X)	\$ 3.80

CLOTHING SIZES 5X AND ABOVE REQUIRE SPO.  
PLEASE SEE COMMISSARY STAFF IN COMMISSARY.

## PERSONAL CLOTHING

___ UNDERWEAR *	
___ (SM) (M) (LG) (XL) (2X)	\$ 5.80
___ (3XL) (4XL)	\$ 6.25

## THERMAL TOPS

___ (M) (LG) (XL)	\$ 9.00
___ (2X) (3X) (4X)	

## THERMAL BOTTOMS

___ (M) (LG) (XL) (2X) (3X) (4X)	\$ 12.25
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## DRY TECH GYM SHORTS

___ (S) (M) (LG) (XL) (2X) (3X) (4X)	\$ 16.90
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## T-SHIRT

___ (M) (LG) (XL) (2X) (3X) (4X)	\$ 7.15
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## LONG SLEEVE T-SHIRT

___ (LG) (XL) (2X) (3X) (4X)	\$ 11.70
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## TANK TOPS

___ (SM) (M) (LG) (XL)	\$ 4.55
___ (2X) (3X)	\$ 5.45
___ (4X)	\$ 7.00

## SWEATSHIRTS

___ (SM) (M) (LG)	\$ 15.45
___ (XL)	\$ 18.85
___ (2X)	\$ 18.85
___ (3X)	\$ 22.70
___ (4X)	\$ 22.70

## SWEATPANTS W/POCKETS

___ (SM) (M) (LG)	\$ 22.10
___ (XL) (2X)	\$ 22.10
___ (3X) (4X)	\$ 21.15

## RECREATION ACCESSORIES

___ BALL CAP - FLEX FIT (S/M) (LG/XL)	\$ 14.30
___ MESH BAG	\$ 8.95
___ BATH TOWEL	\$ 10.65
___ WASH CLOTH	\$ 0.90
___ HANDBALL GLOVES	\$ 11.70
___ LARGE X-LARGE 2X-LARGE	
___ CLEAR BAG	\$ 5.50

## GLOVES/socks

___ SOCKS*	\$ 3.90
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## CHIPS/COOKIES

___ CHIP OF THE QTR	\$ 2.05
___ DORITOS	\$ 2.90
___ BAG POPCORN	\$ 1.75

## SOUPS

___ CUP RAMEN	\$ 0.90
___ RAMEN NOODLES	\$ 0.50
___ LOW SODIUM RAMEN	\$ 0.50

## RELIGIOUS ITEMS

___ BANDANA (AZTEC)	\$ 1.50
___ RASTAFARIAN CROWN	\$ 9.50
___ KUFU (WHITE)	\$ 4.00
___ YARMULKE (WHITE)	\$ 6.82

## FOOTWEAR (LIMIT 1 EACH EVERY 6 MONTHS)

### SHOES/BOOTS- SPO

___ RUNNING SHOE	SIZE:	
___ BASKETBALL SHOE	SIZE:	
___ WOLVERINE BOOTS	SIZE:	SPO

SIZES BELOW 7 & ABOVE 15 AND EXTRA WIDE  
SHOES REQUIRE SPO.

## ICE CREAM

___ FLAVOR OF THE QTR.	\$ 3.25
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ALL ITEMS ARE DEEMED LOCAL USE ONLY.  
ALL SALES ARE FINAL.  
ALL ITEMS ARE DEEMED LOCAL USE ONLY.  
ALL ITEMS COME OFF THE SPENDING LIMIT WITH  
THE EXCEPTION OF STAMPS, COPY CARDS, AND  
OVER THE COUNTER MEDICATION.

## COMMISSARY ITEMS AVAILABLE - SPO

BLUSH\* LIP GLOSS\* SPORTS BRA\* EYE SHADOW\*  
COTTON BALLS \* FOUNDATION\* FOAM HAIR ROLLER\*  
HAIR PICK\*

\* DENOTES REQUIRED STANDARDIZED ITEM



N. SMITH, CAMP ADMINISTRATOR

(PLEASE CIRCLE LANGUAGE) ENGLISH SPANISH